



Los Angeles Valley College

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Fall of 2010

Dear Nursing Student:

Congratulations on your acceptance into the Nursing Program at Los Angeles Valley College, Spring of 2011. This packet contains critical information regarding the uniform that you will be required to wear for the next two years. Specifically, this packet contains the following forms:

1. Uniform and Appearance Standards required by the Nursing Program.
2. Instructions for ordering the approved uniform from DOVE Professional Apparel, Inc.

Prior to ordering your uniform you should thoroughly and carefully read the enclosed Uniform and Appearance Standards document. This will prevent incorrect purchases and make the ordering of your uniform a relatively simple process. All uniform garments **must** be purchased from DOVE Professional Apparel, Inc. Handmade or similar style uniforms will **not** be permitted.

After reading the Uniform and Appearance Standards document, go online (see below) and view the Nursing Program's website at DOVE Professional Apparel, Inc. Learn what garments and accessories are mandatory, contact the uniform company, and, have your measurements and credit card ready for telephone, FAX and internet orders. **The student must incur all financial costs associated with the purchase of the uniform. The Nursing Program does not assume any responsibility in this area. Note the ordering dates as posted on the website and allow a sufficient amount of time for your uniform order to be processed prior to the Opening Day of the Fall Semester 2010.** There are four ways to contact the uniform company. Select the method that is most effective and efficient for you:

1. Telephone: 1-800-829-DOVE (1-800-829-3638); Monday through Friday, 9:00 am – 5:00 pm, Pacific Time.
2. FAX: 1-858-495-3685
3. Online: www.doveapparel.com; click "ordering" and type in: LAVLY
5. Mail: 7535 Convoy Court, San Diego, CA 92111

The topic of uniforms will also be covered on Opening Day (date to be determined and included in your acceptance packet) so please bring any questions that you may have regarding your uniform to that meeting. Again, congratulations on your acceptance into the Nursing Program at Los Angeles Valley College. I will look forward to meeting you on Opening Day.

Sincerely,

Kathy Snider, RN, MSN, CNS

Kathy Snider, RN, MSN, CNS
Chairman, Uniform Committee

Students already enrolled in the Nursing Program and in need of additional replacement uniforms may obtain this packet in the Nursing Office. The student must incur all financial costs associated with the purchase of the uniform. The Nursing Program does not assume any responsibility in this area. Note the ordering dates as posted on the DOVE website and allow a sufficient amount of time for the uniform order to be processed prior to the beginning of the semester.

C. The uniform consists of:

The uniform for female students is:

1. A white collarless designer scrub top or a white collarless unisex designer scrub top with white unisex designer scrub pants.
2. A school patch for each top and designer cardigan jacket.
3. A DOVE name pin **and** a LAVC Photo I.D. tag.
4. A Student Nursing Kit (see additional details listed in the policy).

The uniform for male students is:

1. A white collarless unisex designer scrub top with white unisex designer scrub pants.
2. A school patch for each top and designer cardigan jacket.
3. A DOVE name pin **and** a LAVC Photo I.D. tag.
4. A Student Nursing Kit (see additional details listed in the policy).

An additional uniform garment required for both female and male students is:

1. A white V-neck unisex designer cardigan jacket. It is not to be worn when delivering nursing care. It may be worn to and from the hospital to provide the student with additional warmth/protection during cold/wet weather.

An optional uniform garment for female students is:

1. A one piece white collarless designer scrub dress.

An optional uniform garment for both female and male students is:

1. A white, long sleeve, mock turtle neck unisex designer tee-shirt that may be worn under the uniform scrub top or scrub dress during cold/wet weather when delivering nursing care or to conceal tattoos that are visible on the forearms.

The LAVC Nursing Program logo patch is a **required** part of the uniform. The

Pregnant students should consult with the Chairman of the Uniform Committee for instructions regarding the uniform. A maternity uniform is available from DOVE Professional Apparel and should be worn throughout the pregnancy.

Students requiring a uniform in a custom size should inform DOVE Professional Apparel immediately and allow 4-6 weeks for the manufacturing of this custom garment. There is a \$25 per garment surcharge for custom garments, and, they are **not** returnable.

All uniform garments **must** be purchased from Dove Professional Apparel. Handmade or similar style uniforms will **not** be permitted. No additions or modifications to the official uniform may be made/worn (e.g. jeans/turtle neck shirts/ logo or colored undershirts, etc.)

D. The appearance standards consist of:

Uniform fit/length: Female and male students are required to wear proper fitting uniforms that are neither excessively tight or excessively baggy. Weight gain or loss may result in the need to purchase replacement uniforms. The scrub dress skirt length may be no higher than mid-knee. The scrub pants must be ankle length. Shorter lengths in either or both garments **must** be lengthened.

Undergarments: Female students are required to wear a white or flesh toned brassiere when in uniform. Colored or patterned brassieres are not allowed. Female students are required to wear a full length, white slip under the scrub dress. Colored, patterned or half-slips are not allowed. Female and male students are required to wear white or flesh toned underpants/shorts when in uniform. Colored, patterned or thong-styled underpants/shorts are not allowed. All undergarments should be clean/changed on a daily basis.

Hygiene: Female and male students are required to bathe/shower and use a reliable deodorant on a daily basis. Teeth must be brushed on a twice daily basis. Breath must be fresh. Students who smoke should carry and use breath mints to insure that their breath is not offensive when delivering nursing care. Soiled/stained uniforms should be treated with an appropriate stain remover prior to laundering. Uniforms must be laundered and ironed on a daily basis. Re-wearing a uniform can cause body odor and harbor the growth of bacteria. For this reason, it is suggested that students purchase two sets of uniforms.

Hair styles: Female and male students are required to maintain a hair style that is neatly arranged, away from the face and off the uniform collar. Loose pony tails and hanging braids are not permitted for either gender. Beads or other forms of decoration may not be braided into the hair. Cultural/ethnic hairstyles are permitted but must adhere to the uniform standards (e.g. dread locks or hair extensions must be gathered up and kept off the collar). Students having tattoos on their neck must adopt a hairstyle that covers the tattoo or apply a concealing

Smoking: Female and male students who smoke **must** adhere to the smoking policy at the specific clinical facility. Cigarettes, cigars, pipes, etc., as well as lighters, may not be carried in the pocket of the uniform. These items must be kept in the student's purse or book bag and are limited to use while the student is on break or at lunch while in the clinical area. Additional suggestions for students who smoke are contained in the section labeled "Hygiene."

Cell phones/pagers: Some health care facilities ban the carrying and/or use of personal cell phones/pagers while delivering nursing care as these electronic instruments may interfere with the facility's electronic patient care equipment. Nursing instructors will supply students with individual health care facility's policies. Regardless of the hospital's policy regarding cell phones/pagers, students are restricted to using such devices, in designated areas, during break and lunch times **only**. If the health care facility permits students to carry such devices, they must be kept in the mute or vibrating position **only**. Students receiving an incoming telephone call/page may respond during their break and lunch time. The noise emitted from these electronic devices will not be permitted or tolerated in the clinical area.

Outside employment: Students who work in health care facilities for pay (outside employment) may **not** wear any part of the DOVE uniform while in such a position. Wearing the DOVE uniform in such circumstances, represents the students as being from the Nursing Program at Los Angeles Valley College as opposed to being an employee at the health care facility.

E. Specific uniform requirements:

While enrolled in the following clinical rotations, additional uniform requirements will be as follows:

Maternity Nursing: Students must enter and leave the clinical facility wearing the entire uniform as outlined in this policy. Students will then be required to change into surgical scrub sets per the health care facility's policy. Additional instructions (e.g. the use of cover gowns, etc. when leaving the area for breaks and lunch) will be covered by the instructor during orientation to the health care facility.

Nursing Management and Leadership (Preceptor): Students will wear the entire uniform as outlined in this policy. Following successful completion of the Nursing Program (i.e. graduation), students may begin wearing uniforms of their own choosing or as outlined by their place of employment.

Psychiatric Nursing: Students may wear street clothing, which meet the instructor's and the health care facility's approval, while enrolled in this clinical rotation. The clothing must be comfortable and washable as well as neatly laundered/ironed. In addition, the DOVE name pin and the LAVC Photo I.D. tag